



Boroondara Stroke Support Group

BOROONDARA COMMUNITY STROKE HUB

Activity Sheet - December 2020

Due to COVID-19 the Hub is currently closed. However, most of our activities can be accessed via Zoom. For more information please call 8529 5307 or email bssghub@gmail.com

WEEK 1.		Tues 1 Dec	Wed 2 Dec	Thur 3 Dec	Fri 4 Dec	
AM				Members gathering at Alexandra Gardens, Cotham Road, Kew (near Kew Library) 10.30am - 12.00 noon BYO thermos otherwise café across the road *Everyone invited.	HUB CLOSED	
PM			Chatterbox (for speech) via Zoom Convenor: Ro Jacobs 12:00 - 1:00pm	Sing for Recovery via Zoom Convenors: Anita Paxton John Keuneman 3.15pm - 4.30pm		
WEEK 2.		Mon 7 Dec	Tues 8 Dec	Wed 9 Dec	Thur 10 Dec	Fri 11 Dec
AM			Blokes n' Strokes *Meet up at Kuche Café 682 High St, Kew Convenor: Peter Hocking 10.30am - 11.45am		Xmas Get Together Alexandra Gardens, Kew 12.00 noon BYO Food & Drink *Everyone invited	HUB CLOSED
PM			Relaxation & Mindfulness via Zoom Convenor: Tessa Lim 2.00pm - 3.00pm	Chatterbox (for speech) via Zoom Convenor: Ro Jacobs 12:00 - 1:00pm	Sing for Recovery via Zoom Convenors: Anita Paxton John Keuneman 3.15pm - 4.30pm	
PM2					YSSG Dinner Party via Zoom BYO Everything! Convenor: Jay Te Manu 6:30pm - 8.00pm	
WEEK 3.		Mon 14 Dec	Tues 15 Dec	Wed 16 Dec	Thur 17 Dec	Fri 18 Dec
AM						BSSG CLOSED RE-OPENS ON 1 FEBRUARY 2021
PM	BSSG Committee Meeting by Zoom Convenor: Vivi Harkness 12.30pm - 2.30pm			Chatterbox (for speech) via Zoom Convenor: Ro Jacobs 12:00 - 1:00pm	Sing for Recovery via Zoom Convenors: Anita Paxton John Keuneman 3.15pm - 4.30pm	

*Please RSVP so we know you can join us by emailing bssghub@gmail.com or calling Tina on 0404 690 869

BSSG will close on Thursday 17 December and will re-open on Monday 1 February. If you need to speak to someone while we are closed, our President, Vivi Harkness OAM will be available on 0417 054 511.

Alternatively the Stroke Line is 1800 787 653.

On Monday 1 February the Committee will meet and confirm activities for the month, including if activities are going to be able to run from the Hub or via Zoom. We wish you a safe and Merry Christmas and New Year and look forward to seeing you again soon.